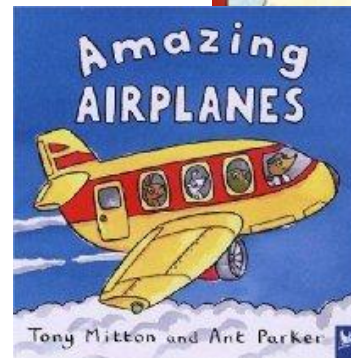


## Preschool Post

### Lesson 37



[www.PreschoolPost.com](http://www.PreschoolPost.com)



**Letter:** Z

**Preschool Theme:** Planes

**Bible Theme:** With this fun flying lesson, children learn the God is with them wherever they go....even if they're way up high in an airplane!

### **Morning Circle:**

Show the children the [letter "Z."](#) Sound out the letter with the children. Does the letter tickle their tongues? Show the following words, along with [an accompanying picture](#), to the children as you read them aloud: Zebra, Zero, Zipper, Zoo, Zigzag, and Zeppelin. As you show the children the picture of the Zeppelin, ask them if they've ever seen anything like it. Ask them if they've ever seen a blimp. Explain briefly how Zeppelins are different from other types of aircraft. For more information on Zeppelins, see <http://en.wikipedia.org/wiki/Zeppelin> .

Explain that today's lesson is all about airplanes. Bring in some model airplanes to show the children. Children's die-cast metal or plastic toy airplanes would work fine. Show various types: small Cessna-type planes, commercial planes, and military or cargo planes. Ask the children if any of them have flown in an airplane before. Take some time to discuss this with the children. Where did they go? What did they do on the plane? In the airport? What did they see, smell, hear, feel, and taste?

**Read:** by [Amazing Airplanes](#) by Tony Mitton.

### **Music & Movement:**

Try one or both of the following action rhymes or songs with the children:

["I Am An Airplane"](#) (Encourage the children to pretend to be an airplane as you share this rhyme with them.)

["The Wings on the Plane"](#) (To the tune of "The Wheels on the Bus")

### **Snack:**

Have an "airline snack" of trail mix or pretzels and lemonade.

### **Centers:**

1. Paper airplane making center. Provide a demonstration, then help the children make paper airplanes and have some races.

2. Airplane dramatic play. Provide caps and jackets that resemble pilot or steward uniforms for dress-up play. Provide some old pieces of luggage, a scale, a wagon, rows of seats for the inside of the plane, some old "seat belt" buckles (old belts will do just fine,) card stock or paper "tickets," some luggage tags (ask an airline counter if they might lend a stack,) and a "ticket counter" with paper, calculators, and rubber stamps and ink pads.

3. Counting review (also aids in understanding the concept of "zero.") Give each child a ["tally sheet"](#) for various objects which may (or may not,) be found on the table. For example, list ten items the children must find and count. List these down the sheet with an accompanying picture to help the children associate the object with its written name. Keep the number of objects within the children's abilities, i.e., ten items or less. Objects to count might include, for example, ten paper clips, nine rubber bands, eight spoons, seven toy planes, six stuffed animals, five drinking straws, four socks, three shoe boxes, two tambourines, one beach ball, and zero swimming pools. Show the children how to make tally marks beside

each listing. When they are finished, help them write the appropriate numeric figure beside each group of tallies. It may help to have a chart available which shows the correct number beside the corresponding number of tally marks. For instance, that "IIII" equals the number "4," and so on.

### **Art Activity:**

Foam Core Airplanes. Use foam core (or mat board, or foam board, or styrofoam trays like those found in supermarkets for holding meat) and cut out two rectangles for each child, about 4 inches (approximately 10 centimeters) wide by 11 inches long



(approx. 28 centimeters.) In one of the rectangles, cut a 4 inch (10 cm) slit for the "wings." Take the other rectangle and insert it into this slit. Secure with sticky tape or a bit of Blue Tak. Provide some stickers and markers and let the children make each plane their own. Take the planes for a test flight. Experiment a little. Do the planes fly better with the wingtips bent up, for example? Try adding a little weight at the tip with a tiny bit of Blue Tak or putty. How does this change things? Have fun, and have extra foam pieces available, because the children will tear these up in a hurry!

### **Bible Storytime:**

Read: [Olivia Flies](#), by Grace Lin. Explain that, although we might be afraid of new things, like flying on an airplane, that Jesus promises to be with us no matter where we are, even if we're high in the sky!

**Bible Verse Bracelets:**

“The LORD will watch over your coming and going both now and forevermore.” [Psalm 121:8](#)

**Song:**

["Angels Watching Over Me"](#) by Peanut Butter Jellyfish.

**Additional Activity:**

Take the children to a local airport for a fun excursion. Ask to have a guided tour. If you know of any parents who fly their own planes, ask permission for the children to come have a look up close at their aircraft.

**Optional Resources:**

[Handwriting Worksheet Z is for Zeppelin](#)

[Handwriting Worksheet Z is for Zig Zag](#)

[Bible Handwriting Worksheet Z is for Zeal](#)

[If I Could Fly Worksheet](#)

[Airplane Coloring Page](#)



**Helpful Links:**

[Transportation Printables on Preschool Mom](#)

[Transportation Activities on DLTk](#)

**Notes:**

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