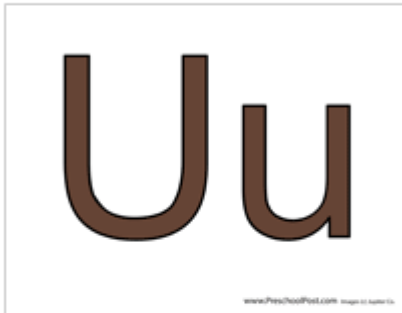
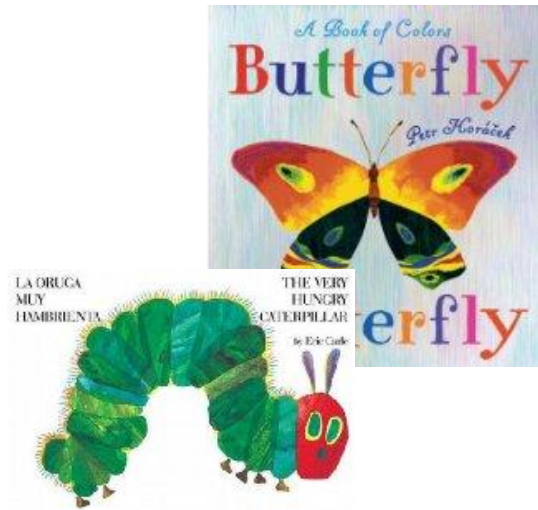


## Preschool Post

### Lesson 32



[www.PreschoolPost.com](http://www.PreschoolPost.com)



**Letter:** U

**Preschool Theme:** Butterflies

**Bible Theme:** In this lesson children learn that the glory of God is reflected all around us, especially in the small details, like those of a butterfly's wings.

### **Morning Circle:**

Show the [letter "U"](#) to the children. Say the "U" sounds together. Repeat with the children the following "U" words: umbrella, underwear, uncle, unicycle, and uniform. [Provide a picture](#) and explain those words which are unfamiliar. Explain that there are some "U" words that describe where an object is. Say the word "under." Ask the children if they have ever looked *under* a rock and found bugs. Say the word "up." Ask them if they've ever looked *up* into the sky and seen dragonflies buzzing or butterflies fluttering. Take a moment to talk with the children about their favorite bugs. Show the children a [photo of the Ulysses Blue butterfly](#) (native to Australia.) Explain that this beautiful creature begins with the letter "U."

**Read:** [The Very Hungry Caterpillar](#), by Eric Carle.

Take some time to review the process of a caterpillar becoming a butterfly.

### **Music & Movement:**

Butterfly song: (Tune: "I'm a Little Teapot")

Once I was a caterpillar  
crawling on the ground.  
Then I spun a chrysalis,  
and wrapped it all around.



Then one day the sun shone,  
and warmed me all inside,  
Slowly slowly I emerged,  
I could no longer hide.  
I soaked in the sunshine  
for a long long while,  
Then I tried my brand new wings,  
And it made me smile!  
Now I'm a little butterfly,  
colorful and bright,  
You might see me if you look  
outside when it's light.

**Snack:** Make pretzel butterflies. You'll need small traditional pretzels, large marshmallows or gum drops, and licorice strings. To make this fun snack, take a large gum drop or marshmallow and cut a small slit in the right and left sides (two slits.) Poke two holes in the top of the candy or marshmallow. Now take two pretzels and insert one into the left of the "body" and the other into the right. Use two small portions of stringy licorice and insert them into the "head." What a beautiful edible butterfly!

### **Centers:**

1. Nature table. If you're able to find one, bring in a twig with an attached chrysalis to give the children an up-close look at this stage of butterfly development. If you cannot find an actual

chrysalis, bring in lots of glossy books on the subject and set up a diorama of the development of a butterfly.

2. Playdough or clay. Let the children try to form caterpillars, then place them in a chrysalis, then make butterflies with cookie-cutter shapes.

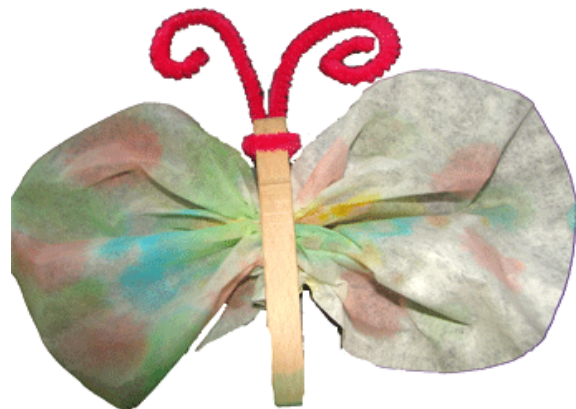
3. Butterfly counting. Use [butterfly counters](#), butterfly-shaped buttons, butterfly stamps, butterfly beads, and anything else you have with a butterfly pattern for counting and sorting. (Or if you really want to have fun, and if it's butterfly season, go outside and count REAL butterflies!)

### **Art Activity:**

Make beautiful butterflies with coffee-filters! (Note: This can be done with the cone-type filters if you do not have access to the round white type (as in Australia.)

However, it takes a little

imagination!) Give each child a coffee filter and an old-fashioned wooden laundry peg. Show the children how to scrunch up the center of the filter and clip the peg down the middle to form a body and two wings. Assist them if necessary. Provide red, green, yellow, and blue food coloring and medicine droppers. (The food coloring can be diluted a little if you like.) Help each child make random drops of color on the butterfly wings, and watch as the colors bleed together. When the butterfly wings are finished, fasten a pipe cleaner onto the "head" for antennae and draw or glue on eyes. Lovely! (Beware...this activity will stain fingers and clothing!)



**Bible Storytime:**

Explain that God made everything in our universe. Ask the children whether they think God likes beautiful things. Tell the children that God even made some of the most colorful creatures in the deepest part of the ocean, where few people ever even get to see them. Ask them why they think that God would do that. (Because He simply enjoys lovely things.) I think God is quite an artist!

**Read:** [Butterfly Butterfly: A Book of Colors](#), by Petr Horacek. The children will love the lively colors and the surprise at the end.

**Bible Verse Bracelets:**

"Let everything that breathes praise the Lord." [Psalm 150:6](#)

Explain that everything in creation was made to tell how wonderful God is. The sound of the wind through the trees, the soft feel of a cat's fur, and the colors of a butterfly all bring praise to God. All of His creation tells of God's glory!

**Song:** "Let Everything that Has Breath Praise the Lord."

**Alternate Bible Connection:** If you rather, you might choose to take the wonderful example of a caterpillar becoming a butterfly to demonstrate how Jesus' death and resurrection enable us to become transformed. There are many wonderful parallels between a lowly caterpillar becoming a beautiful butterfly and our change



from a sinful nature to sanctification in Christ. Additionally, the analogy of the caterpillar "dying" inside the chrysalis and being "resurrected" as a glorious new creature can help children understand Christ's triumph on the cross. There are many angles you can use with this theme. Tailor them to suit your current topic or time of year. [Print our Optional Visuals Cards Here.](#)

### **Additional Activity:**

Take the children to a butterfly garden or butterfly exhibit. If you do not have access to either of these where you live, help the children plant butterfly-attracting flowers and create their own butterfly garden

### **Optional Resources:**

[Handwriting Sheet U is for Ulysses Blue](#)

[Handwriting Sheet U is for Universe](#)

[Bible Handwriting Sheet U is for Unselfish](#)

[Caterpillar to Butterfly Printables](#)

### **Helpful Links:**

[Butterfly Garden Kit](#) (We do these every year!)

[Butterfly Life Cycle Printables on Preschool Mom](#)

[Butterfly Life Cycle Stamps on The Crafty Classroom](#)



[Butterfly Lapbook on Lapbook Lessons](#)

**Notes:**

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