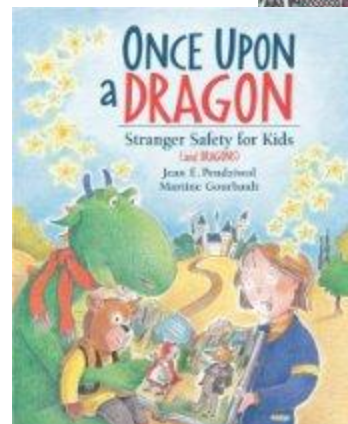
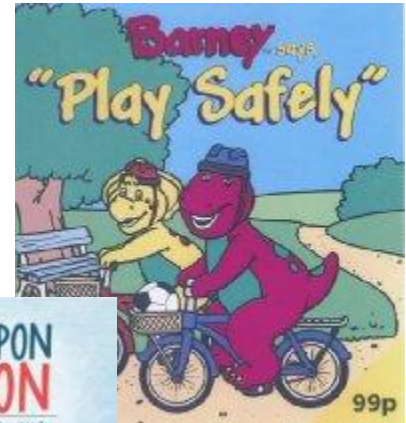


## Preschool Post Lesson 3



[www.PreschoolPost.com](http://www.PreschoolPost.com)



**Letter:** B

**Preschool Theme:** Safety

**Bible Theme:** Using our September safety resources you can teach your children important safety skills! And while that it is important to use good judgment, God doesn't want us to live in fear.

### **Morning Circle:**

Review [letter "A."](#) Then introduce [letter "B."](#) Explain that today, the letter "B" will stand for "Be Safe!" Briefly introduce safety topic. Then pull three ["b" items](#) out of your "letter bag." For example, you might have a small **blue ball**, a toy **bat**, and a **banana**. Spend a few moments letting the children spot "b" words around the room.

Review colors. Using [color flash cards](#) or similar teaching aid, go through each color and let children state each color name. For added emphasis related to today's safety topic, tell children to yawn when they see yellow, row when they see red, and growl when they see green. Say color rhyme (author unknown:) "Red on top, green below. Red says 'Stop!' Green says, 'Go!' Yellow says, 'Wait, even if you're late!' " Let the children run around like they're driving.

Show children various pictures obtained from magazines depicting situations where safety is an issue. ([Safety Flashcards](#)) For example, show a photo of someone on a bike, someone near a swimming pool, or even of a gun or matches. Give children an opportunity to discuss ways they could keep safe in each situation. Reinforce proper safety rules for each situation shown.

**Read Barney Says, "Play Safely"**, by Margie Larsen, Mary Ann Dudko and Bill Langley.

### **Music & Movement:**

Play "Red light/Green light."

### **Snack:**

If there are no peanut allergies in the room, make graham cracker traffic lights. Spread each graham cracker with peanut butter, then place red, yellow, and green M&M's on top to make a traffic signal.

**Centers:**

1. Cars and roads. Set up a table full of different [play vehicles](#). Provide roads and safety signs for children to set up a town where they can practice safety skills. Bring out lots of tracks and blocks for them to design and play with.

2. Coloring table. Place yellow, green, and red crayons all over the table, and show children how to hold several at once to create a pattern. For example, hold a red, yellow, red group and then see what type of design it makes on paper. Try two at a time and then six at a time and observe the difference.

3. Dramatic play. Offer a variety of hats and costumes and let the children act out being police officers, firefighters, paramedics, teachers, construction workers, or any other person for which safety would be an aspect of the job.

**Art Activity:** Sponge-painted traffic lights. Provide red, green, and yellow paint. Let children dip circle-shaped sponges into the paint and dab onto black paper to make their own traffic lights.

**Bible Storytime:**

**Read:** [Once Upon a Dragon: Stranger Safety for Kids \(and Dragons\)](#), by Jean Pendziwol.

Explain that it is important to use good judgment and to be careful, but that we should not live in fear. Answer any questions the children may have concerning this story.

**Bible Verse Bracelets:**

"He shall cover you with His feathers, (.....) you shall not be afraid."  
[Psalm 91:4-5](#)

Discuss the wonderful imagery in this verse with the children.



**Song:**

["The Chooky and Her Chickies"](#) by Colin Buchanan from his "Jesus Rocks the World" CD.

**Optional Resources:**

[Handwriting Sheet B is for Bicycle](#)

[Bible Handwriting Sheet B is for Bible](#)

**Helpful Links:**

[Safety Activities on First School](#)

[Fire Fighter Theme on Totally Tots](#)

**Notes:**

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