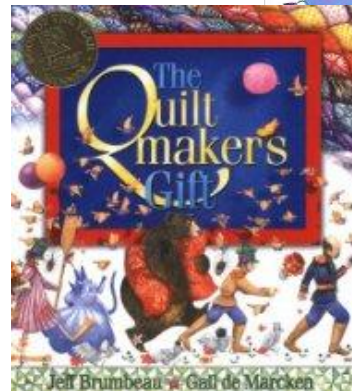
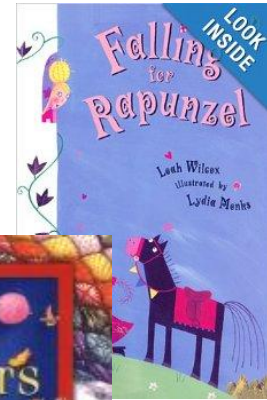


## Preschool Post Lesson 22



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**Letter:** Q

**Preschool Theme:** Fairy Tales (Rapunzel)

**Bible Theme:** In this lesson children will learn that God tells us to keep our hearts set on heavenly treasures instead of earthly goods.

**Morning Circle:** Introduce today's topic by asking children what their favorite fairy tales are. If they need help, throw out a few suggestions for them. Tell them the title of your own favorite fairy tale. Ask them to name some things that are often seen in fairy tales (castles, princesses, handsome princes, horses, etc. and sometimes *queens*.) Ask the children if they can guess the letter of the day after you say, "Once upon a time, a quiet queen quickly quilted a quail-covered quilt." Show the children [the letter "Q,"](#) and then pull out some "Q" items from a "Queen's Quilted purse," (if you have access to anything that could pass for a quilted handbag.) [Visual "Q" items](#) could include a Question mark, a Quarter, a photo of a Quarterback, a Quail, a Quoll, a Quill, a Quince, and a Quacking duck.

**Read:** Ask the children if they've heard the story of Rapunzel. Explain the [original storyline](#) briefly to them. Then read, [Falling for Rapunzel](#), by Leah Wilcox. This hilarious twist on the old tale will surely get lots of giggles!

**Music & Movement:** Game: "[Rapunzel, Rapunzel...Let Down Your Hair!](#)" Base this game on "Red Light/Green Light" or "What's the Time, Mr. Wolf?" One child will be chosen to be Rapunzel, and will stand apart from her classmates. The classmates will line up beside each other across the room from "Rapunzel." The children will call out "Rapunzel, Rapunzel, let down your hair!" At which point, "Rapunzel" will face away from the children and say "Rescue Me!" and the children will slowly "climb" up toward her. "Rapunzel" will quickly turn and face all her charmings and yell "Wait!" The participants then must freeze in their tracks. When she is ready, "Rapunzel" will then

turn away and say, "Rescue Me!" again. Repeat until someone reaches poor Rapunzel.

**Snack:** Explain that the word "rapunzel" actually refers to a type of salad green, and was sometimes called "rampion" in the old-fashioned Grimm's brothers' fairy tale. Have some "rapunzel" salad for snack today!

### **Centers:**

1. Cables and pulleys. Use some basic pulley systems, (you can find these at any hardware store,) and let the children experiment with hauling items up and down with a pulley attached to a bucket or pail.

2. Have a wig center. Provide a variety of wigs, from Halloween clown hairdos to the barette-type hair extensions you often see in dollar stores. Provide brushes, bobbie pins, barettes, etc. so the children can experiment with various styles. Have some long wigs or even some lengths of ribbon and show the children how to braid.

3. Measuring center. Most of the versions of "Rapunzel" mention that her hair was "about 20 yards long." Have a length of rope or twine cut to approximately this length to show the children how long Rapunzel's hair must have been. Cut the rope or twine into various other lengths, and provide yardsticks, pads of paper, and pencils and let the children do some measuring and recording on their own. If they cannot make their numbers yet, encourage them to make marks or lines for each yard of measurement.

**Art Activity:**

Make a cooperative patchwork quilt to emphasize both the concepts presented in the following Bible story time and the letter "Q." Show the children some photos or actual examples of quilts. Point out how each block is made up of patterns of shapes and colors. Give each child their own "quilt block" of construction paper. Provide scraps of fabric, tissue paper, buttons, crayons, bits of netting or lace, and other items to help them make their blocks unique. After each block is complete, help the children paste their blocks beside one another on a big sheet of butcher paper, a large piece of cardboard, or other type of backing material. The individual blocks have now become the class quilt. This activity underscores the concepts of giving and sacrifice as shown in the upcoming story, [The Quiltmaker's Gift](#).

**Bible Storytime:**

**Read:** [The Quiltmaker's Gift](#), by Jeff Brambeau. Emphasize that wealth is not what makes us truly happy, but that real joy comes with giving and loving those around us.

**Bible Verse Bracelets:** "Sell everything you have and give it to the poor, and you will have treasure in heaven." [Luke 18:22b](#) Explain that Jesus is making the point that earthly treasures are not what's really important.



**Bible Song:** "[Follow Follow Follow Follow Follow Follow Follow Follow Me!](#)" by Colin Buchanan from his "Practice Being Godly" enhanced CD.

**Additional Activity:**

Obtain a short video of "Rapunzel" by the Brothers Grimm. Let the children watch the original tale and discuss how it is both the same and different from the book, [Falling for Rapunzel](#), by Leah Wilcox.

**Optional Resources:**

[Quilt Block Pattern Matching File Folder Game](#)

[Color by Number Quilt Block](#)

[Quilt Counting Number Book](#)

**Helpful Links:**

[Treasures in Heaven File Folder Game](#)

**Notes:**

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