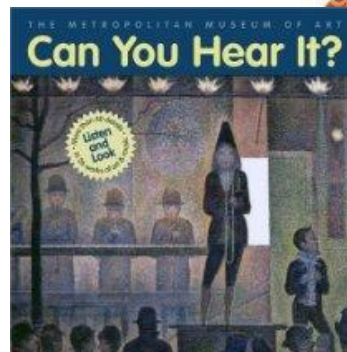
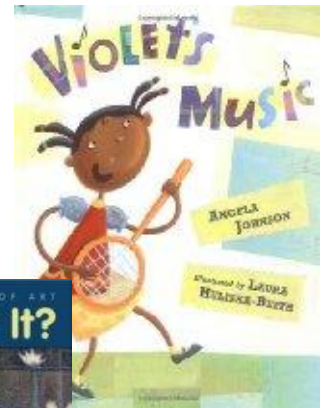


Preschool Post Lesson 15



www.PreschoolPost.com



Letter: M

Preschool Theme: Music & Tempo

Bible Theme: Children will learn about what it means to sing praise and worship God.

Morning Circle:

Introduce [the letter "M."](#) Explain that today's topic is "music," and that "music" begins with the "m" sound. Spend a few moments letting children take turns pointing out "M" objects (or people) in the room. Ask children to make the "m" sound. Have them do it for a few seconds. Tell them to stop, then ask them what making the "m" sound felt like. Have them do it again, and this time tell them to place their fingertips on their lips as they make the sound. Can they feel the vibration as they make the sound? Briefly discuss the last lesson's drawing activity, in which the children drew swirls and patterns according to the mood of the music. Explain that there are lots of different types of music, and music is intended to make us feel and "see" lots of different things.

Read: [Can You Hear It?](#) by Dr. William Lach. This is a picture book with a CD accompaniment. It provides a rich listening experience while encouraging young listeners to pay close attention to visual detail shown in the book.

Music & Movement:

Scarf-dancing. Provide a colorful array of ladies' scarves, or alternatively, tape paper streamers to the ends of long wooden dowels. Play a beautiful piece of music and let the children be creative in their movement, making sweeps, dips, arcs, swirls, and circles with their scarves.

Snack:

Make something with "M"arvelous "M"arshmallows!

Centers:

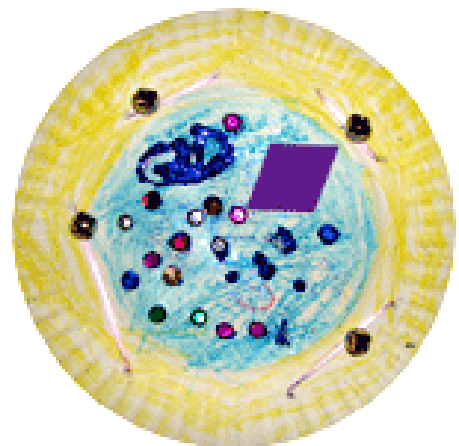
1. Listening center. Use headphones and recordings of sounds or various types of music for the children to explore.

2. Tone bottles. Fill various sizes and shapes of glass bottles with varied amounts of water. Let children tap each bottle to hear the differences in sound. Which sounds are high? Low? Which sounds are soft? Loud?

3. Jingle station. Place jingle bells in dark-colored containers (so children cannot see the bells.) Make six containers and place one bell in the first, two bells in the second, four bells in the third, six bells in the fourth, nine bells in the fifth, and 12 bells in the sixth. Let children attempt to place the containers in order according to the loudness and richness of the sounds.

Art Activity:

Make tambourines. Punch holes around the circumferences of sturdy disposable plates (use the colored plastic type.) Provide twist-ties and jingle bells for each hole. Let children attach the bells to their tambourines. Provide shiny decorations and let the children decorate their creations with sparkles and glitter.



Bible Storytime:

Read: [Violet's Music](#), by Angela Johnson. Explain that the way music welled up in Violet and cried out for expression is the way praise wells up in us for God. It is natural for us to desire to make music and praise the Lord.

Bible Verse Bracelets:

"Let them praise his name with dancing." Psalm 149:3a

Song:

"[Hallelu, Hallelu](#)" from "Songs of Praise" recording by the CedarMont Kids.

Additional Activity:

Visit a local orchestra or music school or have an orchestral musician come in to play for the children.

Optional Resources:

[M is for Maestro Handwriting Worksheet](#)

[M is for Miracle Bible Handwriting Worksheet](#)

[Musical Match Up Game](#)

[Optional Bible Verse Copyworksheet](#)



Helpful Links:

[Seeds Family Worship Music](#)

[Seeds Family Worship Printables](#)

Notes:
