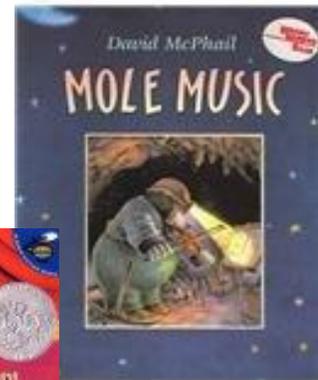
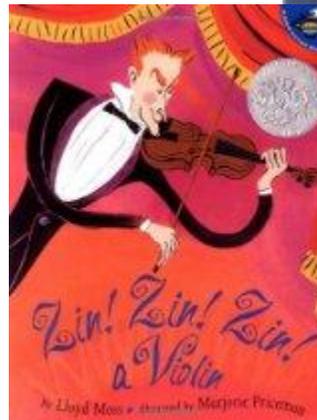


## Preschool Post Lesson 14



[www.PreschoolPost.com](http://www.PreschoolPost.com)



**Letter:** M

**Preschool Theme:** Music & Tempo

**Bible Theme:** Worship. This lesson teaches children what it means to sing praise and worship God.

**Morning Circle:** Introduce [the letter "M."](#) Explain that today's topic is "music," and that "music" begins with the "m" sound. Have [three "m" items](#) in a "Letter bag." For instance, place a small toy motorcycle, a small milk carton, and money in the bag. Give children clues about each item before it's removed to see whether they can guess the name of the item.

**Read:** [Zin! Zin! Zin! A Violin](#) by Lloyd Moss. Talk for a moment about which instruments the children liked best and why. Play a short piece of fast music. Play a short piece of slow music. Classical music will work best. Discuss how each type of music made the children feel. Briefly discuss tempo. Sing a song the children all know (such as "Row, Row, Row Your Boat,") very slowly. Then sing it very fast. Have fun with it!

**Music & Movement:** Using either the same music from Circle Time or different if preferred, let children draw to the sound of the music.; Give each child a large piece of blank paper and two brightly colored oil pastels. Make sure each child has plenty of space. Play each type of music, using a different color for each piece. Encourage children to make marks on their paper to the tempo. Afterward, compare the types of lines and marks the children drew.

**Snack:** Have M&M's along with a healthy snack like yogurt.

**Centers:**

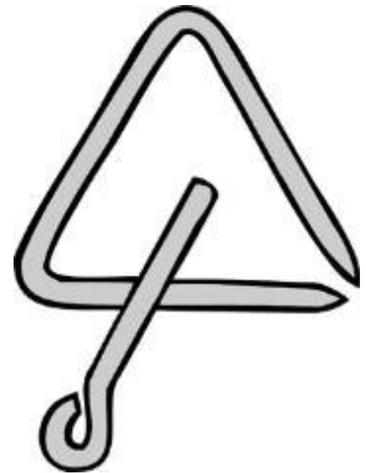
1. Feel the Beat: Use Metronome and rhythm sticks to make rhythms with a set tempo

2. Keeping Tempo: Provide various wind-up clocks or any clocks that tick. Explore the differences in tempos when several are ticking at once.

3. Jump Rope: Teach children [Miss Mary Mack; rhyme](#). If they have trouble with the jump rope, consider letting them jump over the rope while it's on the ground (either in a line, a circle, etc.)

**Art Activity:****Make Triangles**

Use 18-gauge or thicker copper wire, silver, or brass wire (sold at crafting stores,) and let children bend into triangles. Watch children closely to prevent cuts and scrapes. Consider having an adult place a small piece of electrical or other tape over cut ends of wire. Use a smaller gauge wire to make the hanger at the top of the triangle (show children how to bend it into decorative shape.) Use about an eight inch length of metal wire (the thickest gauge you can find,) to make the “tapper.” Bend its ends to make decorative curly-cues.



**Bible Storytime:**

**Read:** [Mole Music](#) by David McPhail. Talk with the children about how playing music well takes practice. Ask children how playing an instrument might make them feel. How might it make others feel? How do they think music can make people, and the world, better? How do they think music makes God feel? Who created music and why?

**Bible Verse Bracelets:** "Sing for joy to God our strength; shout aloud to the God of Jacob! Begin the music, strike the tambourine, play the melodious harp and lyre.." [Psalm 81:1-2](#)

**Bible Song:** ["Praise Him, Praise him All Ye Little Children."](#) .

**Additional Activity:**

Special Visitor: Have someone who plays percussion instruments come in to make a demonstration.

**Optional Resources:**

[M is for Music Handwriting Worksheet](#)

[M is for Miracle Bible Handwriting Worksheet](#)

[Stringed Instruments Printables](#)

[Bible Verse Copywork](#)



[Praise the Lord Shaker Craft](#)

**Helpful Links:**

[Seeds Family Worship Music](#)

[Seeds Family Worship Music Printables](#)

**Notes:**

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