



Preschool Post

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Preschool Theme: Apples

Bible Theme: Learning about apples is the perfect opportunity to teach children about the Trinity. An apple is still just one apple, even-though it is made up of different parts, so too is God one God composed of different parts.

Morning Circle:

(Have a special bag prepared in which you've placed three items beginning with the [letter "a."](#) For today's lesson, at least two of these items should be **red** as well.) Introduce today's topic by pulling a nice red apple out of your "letter bag." Explain that "apple" begins with the letter "a." Pull [other "a" items](#) out of the bag and talk about their beginning sounds.

Read: [Autumn is for Apples](#), by Michelle Knudsen (Random House Books for Young Readers, July 24, 2001.)

Sing the "Apple Song:" (original author unknown)

(Tune: "Itsy Bitsy Spider")

Once a little apple seed was planted in the ground.

Down came the soft rain, falling all around.

Out came the big sun as bright as bright could be.

And that little apple seed grew up to be an apple tree!"

Music & Movement:

"Apple Toss:" Set up bushel baskets (or any ordinary basket) and let the children takes turns tossing beanbag "apples" into them.



Snack:

Applesauce

Centers:

1. Seed sorting. Provide magnifying glasses as well so children can examine the seeds up close.
2. Apple exploration. Provide various types of apples for the children to investigate. Cut some in half and provide saucers of food coloring so the children can make apple prints on paper.
3. Fruit stand. Let children set up their own grocer's stand with play fruit, aprons, play money, etc.

Art Activity: Torn Tissue Paper Apples.
Provide each child with a large paper apple, a sheet of red tissue paper, and a small square of green tissue paper. Let children brush glue over the apple, then tear the tissue paper into bits and cover the apple.



Bible Storytime:

Read: [3 in 1 \(A Picture of God\)](#), by Joanne Marxhausen.

Use an actual apple to demonstrate the idea of the story.

Bible Verse Bracelets:

"For there is one God and one Mediator between God and men, the Man Christ Jesus." [1 Timothy 2:5](#)



Song: "[Jesus is the Only Way to God](#)," from "Follow the Savior" cd by Colin Buchanan.

Additional Activity:

Plan a trip to a local orchard or farm. Pick and taste apples. Take a tractor ride. Discuss how apples make it from seed to store.

Optional Resources:

[Handwriting Sheet A is for Apple](#)

[Bible Handwriting Sheet A is for Adam](#)

[Apple Matching Game](#)

[Apple File Folder Game](#)

Helpful Links:

[Apple File Folder Games](#)

[Apple Crafts on Totally Tots](#)

Notes:
